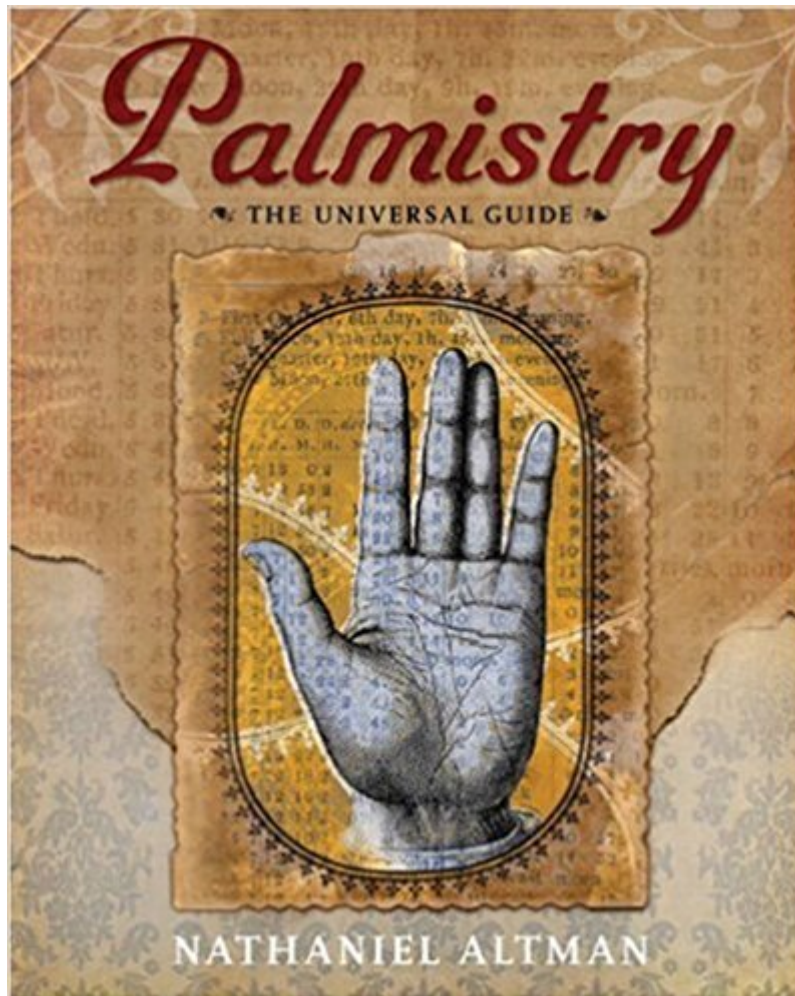




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# Palmistry: The Universal Guide



## Synopsis

The key to your future – and your present and past – is in the palm of your hand! Nathaniel Altman, best-selling author of *The Little Giant Encyclopedia of Palmistry*, gathers the wisdom he has obtained from decades of practice to produce this comprehensive volume. He answers such questions as: How can the features of the hand tell palm readers as much as the lines on its surface? In what ways can you use a palm reading to change the course of your own future? There's information on using palmistry to explore relationships and sexuality, spiritual fulfillment, and even health. Plus, there are solid technical details on the art and practice of reading palms for others. For experienced and beginning palm readers alike, this is an authoritative collection of thoughts from a master.

## Book Information

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## Customer Reviews

Nathaniel Altman is the author or co-author of more than 15 books on holistic health, palmistry, diet, nature and metaphysical subjects. An avid traveller, he became interested in palmistry in Columbia in 1968 and is now internationally recognised as a leading expert on the subject.

I would recommend this book to people who are new and old to the subject. In a field flooded with cranks, Nathaniel Altman is a serious and credible source. Based on his own research and experience for over four decades, he writes with authority and humility about what he has learned, and unlearned, in a subject about which much nonsense has been written and repeated without question over the years. Coming from a background in holistic medicine, I have been studying and practicing chiology for ten years. I use chiology as one of several diagnostic tools in my practice,

and over long term contact with my clients I am able to test the veracity of what I read. I have more than a few books on the subject and am always on the lookout for new contributions to the field. To my frustration, though there are many recent books out, most of them have nothing new to say and it's obvious that the authors have only superficial knowledge of the subject. It seems there are very few people actually researching, rather than just parroting, in this field. I was skeptical that there was a new book out that wasn't full of the same old drivel we find published ad nauseam, but was pleasantly surprised with this one. Although this author builds on the contributions of many different palmists of the past, offering their various interpretations for comparison, he adds his own vetted experience to the discussion, giving a deep and well-rounded perspective on the subject. Through his extensive experience, he manages to distill many voices into a certain simplicity, and raises intelligent questions without giving trite, pedantic answers. I appreciate the honest and thoughtful approach to many of the questions I have been struggling with. He also uses good quality prints to make his points. So, when I read this book I feel I am consulting with a friend whose experience I respect.

If you can purchase only one book on palmistry, let it be Nathaniel Altman's comprehensive, *Palmistry: The Universal Guide*. Altman's book is well organized beginning with the basics then progressing to how the palm relates to your inner world, relationships, health, life's task and spirituality. The book is loaded with helpful photos and diagrams that illustrate how to analyze the palm for self knowledge. This book elevates the sometimes scorned practice of palmistry by placing it in an historical perspective and within the context of other New Age healing modalities. If you have more money to spend, buy any of Nathaniel Altman's books on holistic healing. You will not be disappointed. Altman's concern and compassion for humanity shine through his words.

I love love LOVE this Palmistry book. Easy (and interesting) to read, with diagrams and pictures of many hand prints from real people, stating things about their personality, fame, illness(es) and/or careers. It tells you how to do your own hand prints to make reading your palm much easier and a sheet near the back to write down your findings. I would recommend this any day!

Love this book. It is so very thorough without being boring. Very comprehensive study on the subject of who we are and what we can become. It is the best book I have ever read on this fascinating subject and it will teach the reader how to read palms and so much more.

I have purchased this book before and misplaced it and regretted ever since. I have found it to be the most informative and easy to decipher book of palmistry out there. It also matches the way I read!

Nicely written with good character and great information. I am very happy I got the hard copy to look back to for reference.

Thorough and nice packaged book. You'll keep going back!!

I am very happy with my purchase and the seller. I received my purchase in good time and in excellent condition. I would order from this seller again. I wanted to learn a little bit about reading and understanding the different lines of our palms. I've started to read the book but had to put it aside for a little while. So far I'm very happy with my purchase and am looking forward to getting back to the book. Will try to update my thoughts about the book when I have finished reading it. Love learning and I hope this book is a great book to learn and understand palmistry from.

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